

FACIALS

SKIN-SPECIFIC FACIALS (60 / 90 MIN) \$105 / \$145

THIS IS A CUSTOMIZED FACIAL JUST FOR YOU. A FACIAL TAILORED TO YOUR UNIQUE SKINCARE NEEDS.

NON-SURGICAL FACE LIFT (75 MIN) \$135

WORLD RENOWNED, EPICUREN DISCOVERY’S DIGESTIVE ENZYME DETOXIFIES THE SKIN AND IMPROVES CLARITY, ELASTICITY, AND TEXTURE WHILE ENCOURAGING CELLULAR METABOLISM. A DOUBLE-LAYER TIGHTENING AND TONING MASQUE WORKS THE MUSCLES IN THE FACE KEEPING YOU LOOKING AND FEELING YOUNG. INCLUDES STEAM AND EXTRACTIONS.

RED CARPET FACIAL (60 MIN) \$150

KNOWN IN HOLLYWOOD AS THE “RED CARPET TREATMENT” FOR OBVIOUS REASONS, IS CLINICAL DELIVERS INSTANT BRIGHTENING, TIGHTENING AND SMOOTHING. THIS INTENSIVE CLINICAL TREATMENT IS DESIGNED TO RAPIDLY AND SAFELY RESURFACE THE SKIN, REDUCING FINE LINES AND WRINKLES WHILE ENCOURAGING CELLULAR RENEWAL. EXCELLENT FOR ALL SKIN TYPES AND AGES, THIS FACIAL RESULTS IN A COMPLEXION THAT IS DRAMATICALLY REFINED, WITH NO DOWNTIME. INCLUDES STEAM AND EXTRACTIONS.

FOAMING ENZYME FACIAL (60 MIN) \$165

THE POWERFUL YET SOOTHING IS CLINICAL FOAMING ENZYME FACIAL COMBINES PAPAYA AND PINEAPPLE ENZYMES WITH A POTENT CLINICAL-LEVEL GRADE OF GLYCOLIC ACID. THIS PROFESSIONAL TREATMENT PRODUCES A LUXURIOUS FOAMING ACTIVITY WHILE BIOACTIVE INGREDIENTS EXFOLIATE AND DEEP-CLEANSE THE PORES; REVEALING A POLISHED, HEALTHY AND RADIANT COMPLEXION. INCLUDES STEAM AND EXTRACTIONS.

VEGAN HYDRATING FACIAL (60 MIN) \$150

RELIEVE DRY SKIN AND RESTORE MOISTURE, VITALITY AND FIRMNESS WITH ANTIOXIDENT RICH INGREDIENTS FROM COSMEDIX. BOOST HYDRATION AND SUPPORT A MORE YOUTHFUL APPEARANCE BY EXFOLIATING AND LAYERING DECADENT SERUMS AND MASKS. INCLUDES STEAM AND EXTRACTIONS.

MICRODERMABRASION FACIAL (75 MIN) \$145

A DIAMOND MICRODERMABRASION MACHINE WITH RED AND BLUE LED YIELDS SUPERIOR EXFOLIATION FOR WRINKLES, ACNE SCARRING AND REJUVENATION. INCLUDES STEAM AND EXTRACTIONS.

MINI MICRODERMABRASION (45 MIN) \$75

FOR A QUICK AND EASY EXFOLIATING TREATMENT BETWEEN FULL FACIALS.

INJECSTEM™ BIO-FIRMING FACIAL (75 MIN) \$210

EPICUREN’S LUXURIOUS “NEEDLE-FREE” FACIAL WITH ADVANCED EXFOLIATION INCREASES SKIN VOLUME. FROM WITHIN TO RECOVER THE ELASTICITY OF YOUR YOUTH. USING THE LATEST IN STEM CELL AND PEPTIDE TECHNOLOGY, POTENT SERUMS UNLEASH INTELLIGENT SKIN-ARCHITECTS TO RESTRUCTURE, REDENSIFY AND REBUILD THE APPEARANCE OF THE SKIN. INCLUDES STEAM AND EXTRACTIONS.

TEEN FACIAL (60 MIN) \$90

A HEALTHY, FUN AND EDUCATIONAL FACIAL FOR THOSE NEW TO SKIN CARE. INCLUDES LIGHT STEAM AND EXTRACTIONS. (16 AND UNDER)

ACNE FACIAL (75 MIN) \$145

AN ADVANCED TREATMENT APPLICATION DESIGNED FOR GENTLE EXFOLIATION WITH SOOTHING AND HEALING BENEFITS FOR OILY, CONGESTED, ACNEIC PROBLEMATIC SKIN. IT PULLS IMPURITIES FROM WITHIN THE SKIN, INSTANTLY SMOOTHS AND POLISHES, MINIMIZES PORES, PROVIDES SOOTHING HYDRATION, AND HELPS IMPROVE OVERALL SKIN HEALTH. INCLUDES STYEAM AND EXTRACTIONS.

FACIAL ENHANCEMENTS (0-15 MIN) \$25

- ROSEMARY & PEPPERMINT SCALP TREATMENT
- HYDRATING HAND OR FOOT TREATMENT WITH SCRUB
- ANTI-AGEING, EYE-BRIGHTENING TREATMENT
- PUMPKIN APPLE SPICE ENZYME PEEL
- HIMALAYAN SUPERFRUIT ENZYME PEEL
- GLYCOLIC PEEL
- AROMATHERAPY INFUSION

CLINICAL TREATMENTS

BLUEBERRY SMOOTHIE PEEL (45 MIN) \$65

OUR MOST GENTLE PEEL FOR ACNE

POMEGRANATE PEEL (45 MIN) \$75

EXFOLIATES WHILE STIMULATING HYDRATION

BENEFIT PEEL (45 MIN) \$100

REPARATIVE AND ANTI-AGING

ESSENTIAL PEPTIDE PEEL (45 MIN) \$105

REPARATIVE AND ANTI-AGING

PURITY PEEL (45 MIN) \$125

CLARIFYING FOR OILY AND ACNE-PRONE SKIN

JESSNER PEE (30 MIN) \$75

RESURFACING FOR ACNE, ANTI-AGEING

*TIMELESS PEEL (REQUIRES PREP KIT} (45 MIN) \$225

ANTI-AGEING, STIMULATES COLLAGEN

*DEEP SEA PEEL (REQUIRES PREP KIT) (45 MIN) \$225

FOR HYPERPIGMENTATION, ACNE SCARRING

*PLEASE CHECK IN WITH A SPA CONCIERGE AS THESE SERVICES REQUIRE A CONSULTATION AND SPECIFIC PRODUCT RECOMMENDATION FOR PREPARATION AND AFTER CARE.

BODY TREATMENTS

SUGAR SCRUB (30 MIN) \$60

THIS LUXURIOUS BODY POLISH EXFOLIATES DULL, DRY SKIN, WHILE REMOVING IMPURITIES AND TOXINS. AS THE SUGAR DISSOLVES, REPAIRING ESSENTIAL OILS ARE QUICKLY ABSORBED, LEAVING YOUR BODY FEELING VELVETY-SMOOTH. ASK OUR SPA CONCIERGE FOR SEASONAL SCENT OPTIONS.

PUMPKIN SPICE BODY PEEL (45 MIN) \$95

THIS AROMATIC PEEL UTILIZES PUMPKIN EXTRACT AND MALIC ACID TO SMOOTH AWAY ROUGH AREAS OF THE SKIN AND RESTORE A YOUTHFUL GLOW. YOU WILL DRIFT INTO DEEP RELAXATION AS YOU ARE CRADLED IN A WARM COCOON WHILE ENJOYING A TRANQUIL SCALP MASSAGE.

TROPICAL ESCAPE (75 MIN) \$125

AFTER YOUR BODY IS POLISHED WITH A TROPICAL BODY SCRUB, YOU ARE COCOONED IN A HYDRATING MINERAL MASQUE AND PAMPERED FROM HEAD TO TOE. A KUKUI COCONUT ENZYME MOISTURIZER IS APPLIED TO INVIGORATE THE SENSES. THE RESULT? AN ASTONISHING DECREASE IN BODY CREPINESS AND WRINKLES.

CINNAMON & HONEY (75 MIN) \$125

AFTER BEING THOROUGHLY EXFOLIATED WITH A NATURAL BLEND OF BROWN SUGAR AND HONEY, YOU ARE WRAPPED IN A WARM BLANKET OF BRAZILIAN PROPOLIS. THIS INDULGING EXPERIENCE PROTECTS YOUR SKIN FROM ENVIRONMENTAL EXPOSURE, AND HAS EXCELLENT HUMECTANT PROPERTIES THAT SOFTEN AND SMOOTH DRY, AGEING SKIN.

CHOCOLATE COVERED STRAWBERRIES (75 MIN) \$125

TAKE A ROMANTIC PLUNGE INTO A STRAWBERRY AND CHAMPAGNE BODY POLISH.

AFTER A SWEET, EXFOLIATING SCRUB, WHAT BETTER WAY TO COMPLETE THIS SERVICE THAN WITH A CHOCOLATE SLIMMING WRAP. YES, FAT FREE AND DETOXIFYING! THIS NO-BRAINER IS SURE TO SATISFY.

ESPRESSO LIMON SLIMMING WRAP (75 MIN) \$130

THE EUROPEAN BODY BRUSHING TECHNIQUE IS INTEGRATED INTO THIS TRULY LUXURIOUS EXPERIENCE TO HELP YOU LOSE INCHES, FOLLOWED BY A THERMAL WRAP OF COFFEE AND LEMON. YOU ARE GUARANTEED A MORE SLENDER SILHOUETTE AND ULTIMATE DETOXIFICATION.

EPICUREN BACK FACIAL (60 MIN) \$80

THIS TREATMENT IS PERFECT FOR PROBLEMATIC SKIN IN

THAT HARD TO REACH PLACE. INCLUDES STEAM AND EXTRACTIONS.

TUMMY FACIAL (45 MIN) \$65

PERFECT FOR THE EXPECTING OR POSTPARTUM MOTHER. CINNAMON, VANILLA AND SUGAR HELP TO EXFOLIATE DRY SKIN AND RELIEVES ITCHY BELLIES WHILE SKIN-STRENGTHENING OMEGAS HELP TO HEAL AND PREVENT STRETCH MARKS.

MASSAGE

SWEDISH (60 / 90 MIN) \$95 / \$135

GENTLE STROKES AND KNEADING ARE COMBINED TO BRING ULTIMATE CALM AND RELAXATION IN THIS SOOTHING MASSAGE. (LIGHT TO MEDIUM PRESSURE)

THERAPEUTIC (60 / 90 MIN) \$95 / \$135

CONCENTRATED DEEP TISSUE AND SWEDISH TECHNIQUES WORK TOGETHER TO ALLEVIATE MUSCLE TENSION AND PROVIDE TOTAL BODY RELAXATION. (MEDIUM TO FIRM PRESSURE)

SPORTS MASSAGE (60 MIN) \$105

THIS THERAPEUTIC MASSAGE IS DESIGNED FOR ACTIVE ATHLETES. A SERIES OF GUIDED STRETCHES ARE INCORPORATED TO ENHANCE RANGE OF MOTION AND LOOSEN LIMBS. (FIRM PRESSURE)

MATERNITY MASSAGE (75 MIN) \$130

EXPECTING A CHILD CAN BE STRESSFUL. MELLOW OUT WITH A PRENATAL MASSAGE SPECIALIZED FOR YOU. REST IN A COMFORTABLE, SIDE-LYING POSITION, AND LET THE THERAPIST MELT THE TENSION AWAY. (LIGHT TO MEDIUM PRESSURE)

RAINDROP MASSAGE (75 MIN) \$210

THIS SERVICE COMBINES ENERGY WORK, ESSENTIAL OILS AND LIGHT MASSAGE FOR A DEEPLY HARMONIZING, REJUVENATING AND RELAXING EXPERIENCE. NURTURE YOURSELF PHYSICALLY, MENTALLY AND EMOTIONALLY UTILIZING AROMATHERAPY AND GROUNDING ENERGY APPROACHES TO ALIGN YOUR BODY AND MIND. (VERY LIGHT PRESSURE)

MESSAGE ENHANCEMENTS (0-15 MIN) \$25

EXTEND YOUR PAMPERING AND REQUEST AN ENHANCEMENT FOR FULL BODY WELLNESS AND RELAXATION.

- ROSEMARY & PEPPERMINT SCALP TREATMENT
- REFLEXOLOGY FOOT MASSAGE
- HYDRATING HAND OR FOOT TREATMENT WITH SCRUB
- AROMATHERAPY INFUSION
- GROUNDING ENERGY WORK

HAIR

SHAPING AND STYLING

HAIRCUTS (BD) \$50+

SHAMPOO + BLOWDRY \$35+

THERMAL STYLING \$15+

SPECIAL EVENT STYLING \$75+

TEXTURE TREATMENTS

POWERDOSE \$30

TRADITIONAL KERATIN (UP TO 6 MONTHS) \$350+

EXPRESS KERATIN (UP TO 6 WEEKS) \$125+

AMERICAN WAVE (STYLE-SUPPORT OR BEACH WAVES) \$475+

EXTENSIONS

CONSULTATION \$30

HAIR COST PRICING VARIES

APPLICATION 200/HR

ACCENT EXTENSION \$45+

COLOR

NEW GROWTH COLOR (BD) \$85+

NEW GROWTH + GLOSS (BD) \$120+

NEW GROWTH + FACE-FRAMING HIGHLIGHT (BD) \$135+

NEW GROWTH + FACE-FRAMING HIGHLIGHT + GLOSS (BD) \$165+

ACCENT HIGHLIGHT \$35+

FACE-FRAMING HIGHLIGHT (BD) \$85+

SURFACE HIGHLIGHT + GLOSS (BD) \$160+

FULL HIGHLIGHT + GLOSS (BD) \$190+

FACE-FRAMING BALAYAGE \$105+

SURFACE BALAYAGE + GLOSS (BD) \$175+

FULL BALAYAGE + GLOSS (BD) \$200+

GLOSS \$35+

*BD = BLOWDRY INCLUDED WITH SERVICE



HAIR REMOVAL

WE OFFER A VARIETY OF HAIR REMOVAL METHODS INCLUDING SUGARING, WAXING AND THREADING. PLEASE NOTE YOUR PREFERENCE WHEN SCHEDULING YOUR APPOINTMENT.

THREADING

EYEBROW	\$22
LIP	\$15
CHIN	\$15
CHEEKS	\$15
FULL FACE	\$55

WAXING AND SUGARING

EYEBROW DESIGN	\$25
EYEBROW CLEANUP	\$18
LIP	\$15
CHIN	\$15
NECK	\$15
CHEEKS	\$12
NOSE	\$12
EARS	\$15
FOREHEAD	\$12
FULL FACE (INCLUDES DESIGN)	\$48
FULL FACE (INCLUDES CLEANUP)	\$40

BASIC BIKINI	\$40
EXTENDED BIKINI	\$50
BRAZILIAN	\$65+
BRAZILIAN MAINTENANCE	\$60+
MANZILIAN	\$80
HALF LEGS	\$35
FULL LEGS	\$65

UNDERARMS	\$20
HALF ARMS	\$30
FULL ARMS	\$40
ABDOMEN	\$15
AB STRIP	\$8
LOWER BACK	\$15

FULL BACK	\$45
SHOULDERS	\$25
BUTTOCKS	\$30
CHEST	\$45



MAKEUP SERVICES

SPECIAL OCCASIONS \$75 AND UP
MAKEUP FOR YOUR SPECIAL EVENT! IDEAL FOR GALAS, PROMS, OR A NIGHT OUT ON THE TOWN.

FULL FACE	\$75
EYES ONLY (INCLUDES EYEBROWS)	\$40
BROWS ONLY	\$20

MAKEUP CONSULTATION \$35
OR COMPLEMENTARY WITH A MAKEUP PURCHASE OF \$50 OR MORE

BRIDAL MAKEUP
PLEASE SEE OUR SPA CONCIERGE FOR ALL BRIDAL INFORMATION.

EYELASH EXTENSIONS

NOVALASH EYELASH EXTENSIONS ARE A REVOLUTIONARY METHOD OF ENHANCING THE LENGTH AND THICKNESS OF EYELASHES. THEY ARE METICULOUSLY APPLIED LASH-BY-LASH, BONDED WITH AN AWARD-WINNING, MEDICAL-GRADE ADHESIVE, BY A CERTIFIED PROFESSIONAL NOVALASH STYLIST. THEY ARE WEIGHTLESS, WONDERFUL AND TRULY TRANSFORMATIVE.

CLASSIC LASHES	
FULL SET (2 HOURS)	\$195
1 WEEK TOUCH UP	\$50
2 WEEK TOUCH UP	\$60
3 WEEK TOUCH UP	\$75
4 WEEK TOUCH UP	\$95
5+ WEEK TOUCH UP	
FULL SET	

HYBRID LASHES	
FULL SET (2.5 HOURS)	\$245
1 WEEK TOUCH UP	\$60
2 WEEK TOUCH UP	\$70
3 WEEK TOUCH UP	\$85
4 WEEK TOUCH UP	\$105
5+ WEEK TOUCH UP	FULL SET

VOLUME LASHES	
FULL SET (3 HOURS)	\$295
1 WEEK TOUCH UP	\$75
2 WEEK TOUCH UP	\$85
3 WEEK TOUCH UP	\$100
4 WEEK TOUCH UP	\$120
5+ WEEK TOUCH UP	FULL SET

CANDIED LASHES	\$5 (PER PAIR)
LASH EXTENSION REMOVAL	\$25

EXPRESS SERVICES

IN 30 MIN OR LESS, THESE TREATMENTS ARE SPECIALIZED TO YOUR SPECIFIC NEEDS AND PERFORMED WHILE YOU ARE FULLY CLOTHED. ALL EXPRESS SERVICES ARE AVAILABLE FOR PURCHASE AS A SERIES, AND CAN BE PERFORMED WEEKLY. PLEASE CONTACT OUR SPA CONCIERGE WITH INQUIRIES.

FACIALS

ULTRASONIC EXPRESS (30 MIN) \$60
SERIES OF 6 (\$300)

THIS QUICK EFFECTIVE LUNCHTIME FACIAL DEEP CLEANS THE SKIN USING A SERIES OF RAPID NON-ABRASIVE ULTRASONIC VIBRATIONS. INFUSE HYDRATION AND PLUMP UP SKIN CELLS WITH HYALURONIC ACID AND GROWTH FACTORS FROM INNOVATIVE SKIN CARE. THE RESULT: A FRESH, YOUTHFUL, GLOWING COMPLEXION.

FIRE AND ICE FACIAL (30 MIN) \$85
SERIES OF 6 \$425

AN ANTI-AGEING, RESURFACING, AND SMOOTHING MASQUE FOR CONGESTED OR LACKLUSTER SKIN. THIS INTENSIVE FACIAL BRIDGES THE GAP BETWEEN MILD SPA FACIALS AND CHEMICAL PEELS, PROVIDING IMMEDIATE RESULTS WITHOUT DOWNTIME.

EYE BRIGHT TREATMENT (15 MIN) \$25
SERIES OF 6 \$125

UPGRADE ANY FACIAL WITH AN EYE BRIGHT TREATMENT TO ADDRESS AND TREAT FINE LINES, WRINKLES, DARK CIRCLES AND PUFFINESS. DEEPLY NOURISHING AND THOROUGHLY REVITALIZING, THIS 15 MINUTE TREATMENT RESTORES VITAL HYDRATION AND NUTRITION TO THE DELICATE SKIN OF THE EYE AREA, PROVIDING INSTANT IMPROVEMENT AND LONG TERM RESULTS.

MASSAGE

DIGESTIF (30 MIN) \$55
SERIES OF 6 \$275

GENTLE GROUNDING AND RELAXATION TO CARE FOR YOUR ABDOMINAL AND LUMBAR NEEDS. A COMBINATION OF HOT TOWELS, ESSENTIAL OILS AND FOCUSED NURTURING TOUCH TO SOOTHE LOW BACK PAIN, ABDOMINAL CRAMPS AND DIGESTIVE ISSUES.

LEG RELIEF (30 MIN) \$55
SERIES OF 6 \$275

FOCUSED MASSAGE AND FATIGUE RELIEVING OIL WORK TOGETHER TO RELIEVE TENSION AND SWELLING, WHILE INCREASING CIRCULATION IN HIPS AND TIRED LEGS AND FEET.

TECHIE TUNE-UP (30 MIN) \$55
SERIES OF 6 \$275

MASSAGE FOCUSED SPECIFICALLY ON YOUR NECK, SHOULDERS, ARMS AND HANDS THAT HAVE BEEN TYPING AND TEXTING ALL DAY LONG. A CONVENIENT THERAPEUTIC TREATMENT FOR BUSY PROFESSIONALS ON THE GO.

MAKEUP TOUCH UP \$35
SERIES OF 6 \$175

GREAT FOR AFTER A SERVICE, OR A QUICK REFRESHER AFTER WORK AND BEFORE A NIGHT OUT. INCLUDES FACE, BROWS, CONTOUR AND LIPS.

SHAMPOO + BLOWDRY (30 MIN) \$35+

rockridge
Day Spa

(510) 601-0366
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www.rockridgedayspa.com



HOURS OF OPERATION

Monday 10-5
Tuesday 9:30-8:30
Wednesday 9:30-8:30
Thursday 9:30-8:30
Friday 9:30-8:30
Saturday 10-5
Sunday 10-4